

Monday 22nd February 1pm – Maynooth University Psychology Department

Prof. Stephen Linton (Örebro University, Sweden)

Can a psychological approach prevent chronic pain?



Stephen Linton is Professor of Clinical Psychology at Örebro University (School of Law, Psychology and Social Work). He is also director of the Center for Health and Medical Psychology (CHAMP). He is involved with four research teams: Psychology of Pain, Psychology of Sleep, Transdiagnostic Processes, and Anxiety and Depression. His current research interests include: Early identification and treatment of back pain, Early interventions to enhance good sleeping patterns in youth, The role of context in chronic pain.