STUDY TIPS

Preparation is key!

- Make sure you have gathered all your lecture notes and past papers for each subject
- Highlight important information
- Think about what might be asked and write out answers to potential questions
- Ensure you have enough pens and paper material when you start to study
- Make you have a well-lit and ventilated area to study
- Silence your social media accounts during the day so that you can focus on your studies
- Set out a realistic study timetable that includes study breaks and extra-curricular activities
- Make sure you exercise, eat healthily and stay hydrated during your study period
- Have early nights so that you are alert the next day to study
- Have a copy of the exam timetable and know what day, time, place the exam is being held
- Once an exam is over make sure you put your notes aside or away so that you can then study and focus on the next exam – over-thinking about a past exam will only hinder your concentration

Best of luck!!