

Maynooth University

**Department of Adult and Community
Education**



Masterclasses Series

**Supporting the Continuous
Professional Development of
Adult Guidance Practitioners in
Ireland**

Spring 2024

The Department of Adult and Community Education, Maynooth University, is hosting a new and exciting Masterclass series aimed at practitioners interested in or working in the area of Adult Guidance Counselling and Careers.

They are designed to support and enable guidance practitioners, managers of guidance services, and other stakeholders to reflect on practice, and consider a range of topics in a career development and adult guidance context.

Each in-person Masterclass will include an input from an international expert, and participation in small groups which will provide an opportunity to network with peers and experts, along with time for collective reflection and in-depth exploration of the challenges faced by the career guidance sector more broadly.

Saturday 23rd March 2024

10am – 4pm

**Towards Trauma-Informed Practice in Facilitating Adult
Development**

The day will offer a reflective space for practitioners to work in small groups led by **Dr David McCormack**, **Dr Mary Ryan**, and **Dr Nuala Whelan**, with an input from guest speaker **Dr Catriona O'Toole**.

Hope and healing in a world that is hurting

It is increasingly clear that we are navigating our personal and professional lives in a world that is hurting. Developing an understanding of trauma and the core principles of trauma-informed care can help. Join us for an immersive exploration into the complexities of trauma, its impact on individuals, and empowering strategies for healing and recovery. This talk provides a unique opportunity to deepen your knowledge, reflect on your practice, and cultivate a compassionate, supportive community.

Presenters

Dr David McCormack, Dr Mary Ryan, and Dr Nuala Whelan co-direct the Adult Guidance Counselling programmes at the Department of Adult and Community Education at Maynooth University.

Dr Catriona O'Toole, Associate Professor, Maynooth University Department of Education and Chartered Psychologist with the Psychological Society of Ireland. Catriona has published widely in areas of school attendance, trauma-informed practice and student wellbeing. She is founder of [Trauma Informed Education](#) and a member of the Executive Committee of the International Network for School Attendance and has a wealth of expertise in providing psychological support to schools and working with vulnerablised young people in schools, alternative education settings, and residential care.



Location

School of Education, North Campus, Maynooth University

Tea & Coffee will be provided throughout the day. Lunch is not provided but we invite you to bring lunch with you.

Tea/Coffee available from 9.45am

Book a place

https://shop.maynoothuniversity.ie/index.php?app=ecom&ns=prodshow&ref=1050142_a

Cost: €75

For further information contact:

Esther Ryan esther.ryan@mu.ie

Nuala Whelan nuala.whelan@mu.ie