

RESPONDING TO STUDENTS IN DISTRESS

YES

IN CRISIS? FEELING UNSAFE?



YES

I NEED IMMEDIATE HELP



Is there an imminent risk to self or others?

NO

NEED TO TALK?



I NEED TO TALK TO SOMEONE



Is your distress...

Personal

Academic





EMERGENCY SERVICES

Ambulance/Gardai Emergency:

911/112

Campus Security

(01) 708 3929 / Ext. 3333

Local Gardai

Maynooth (01) 629 2380 Leixlip (01) 666 7800

MAYNOOTH UNIVERSITY STUDENT HEALTH CENTRE:

(01) 708 3878 (office hours) 09.00-12.45 / 14.00-16.45 Monday-Friday

EXTERNAL SERVICES:

Out of Hours Doctor (01) 629 1169 KDOC Appointments: 1890 599 362 Naas Hospital: (045) 849 500 Blanchardstown: (01) 646 5000

EXTERNAL SERVICES / HELPLINES

 Pieta House:
 1800 247 247

 Rape Crisis Centre:
 1800 778 888

 Samaritans:
 1850 609 090

 Niteline:
 1800 793 793

 Aware:
 1800 80 48 48

STUDENT SERVICES

Counselling Service

By Appointment / Drop-In (01) 708 355

Student Health Centre

By Appointment (01) 708 3878

Chaplaincy Service

By Drop-In / Appointment (01) 708 3320

Student Support Officer

(01) 474 7627

Student Support Hub

(01) 708 4729

Budgeting Advice

(01) 708 4729

All above services located in Student Services Centre Office Hours: 09.00-13.00 / 14.00-17.00

Residence Office

Location: Courtyard Plaza (01) 708 3322

MU Student Welfare Officer

Location: Students Union welfare@msu.ie

ACADEMIC SUPPORT

Academic Department

- Course Co-ordinator
- Head of Department

- Tutor

-Departmental Administrator

Check your Department's webpage for contact details

.....

Academic Advisory Office

Location: Education House (01) 708 3368

Programme Advisory Office

Location: Rowan House (01) 708 7428

Maths Support Centre

Location: Social Learning Room, Library (01) 708 3884

Writing Centre

Location: Education House (01) 708 3368

Access Office

Location: MAP Lodge (01) 708 6025

Student Support Hub

Location: Student Services (01) 708 4729