

**Extra-Curricular Activities**

**(ECA)**

**Awards**

**Application Form**

**2017**

***“Make It Count”***

**PERSONAL INFORMATION**

|  |  |
| --- | --- |
| **Last Name:** | **First Name:** |
| **Home Address:** | **Term Time Address (if different):** |
| **Telephone Number:** | **Mobile Number:** |
| **E-mail:** | **Student Number:** |
| **Course of Study:** | **Year of Study:** |

**SUMMARY OF ACTIVITIES**

|  |  |  |  |
| --- | --- | --- | --- |
| **No.** | **Group (Club / Society / Other)** | **Position / Officership**  **(If Relevant)** | **Duration** |
| **1** |  |  |  |
| **2** |  |  |  |
| **3** |  |  |  |
| **4** |  |  |  |
| **5** |  |  |  |
| **6** |  |  |  |
| **7** |  |  |  |
| **8** |  |  |  |
| **9** |  |  |  |
| **10** |  |  |  |

**OVERVIEW**

**OF**

**ACTIVITIES**

**SECTION**

|  |  |
| --- | --- |
| **ACTIVITY 1: (insert *Title of Activity)*** | |
| **Briefly describe the activity / activities you were involved with including positions / roles of responsibility or leadership along with the time commitment involved (e.g. hours per week for x number of weeks, etc) held as well as any initiatives that you may have implemented:** | |
| **ACTIVITY 2: (insert *Title of Activity)*** |
| **Briefly describe the activity / activities you were involved with including positions / roles of responsibility or leadership along with the time commitment involved (e.g. hours per week for x number of weeks, etc) held as well as any initiatives that you may have implemented:** |
| **ACTIVITY 3: (insert *Title of Activity)*** |
| **Briefly describe the activity / activities you were involved with including positions / roles of responsibility or leadership along with the time commitment involved (e.g. hours per week for x number of weeks, etc) held as well as any initiatives that you may have implemented:** |
| **Examples of specific achievements (both for you and the group), your role in these achievements and how involvement in these activities benefitted you:** |
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| **List the skills required for these activities, the skills learned and applied as a result of your involvement in these activities:** |
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**REFLECTIVE**

**ANALYSIS**

**SECTION**

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| **Why did you decide to get involved with Extra-Curricular Activities on campus:** |
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| --- | --- |
| **Thoughts on your personal development as a result of getting involved with these activities (including skills learned and developed as a result of your involvement as well as how you have learned about your own strengths and weaknesses):** | |
|  | |
| **Elements that you found easy and difficult (include a specific challenge you encountered and how you helped to resolve it):** | |
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| **How did you balance involvement with extra-curricular activities with your academic requirements and other parts of your life (include your reflections on any changes you had to make to accommodate these activities:** |
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| **The importance of the involvement in the activity or activities to your future social, personal and professional development:** |
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| **What did you learn from your involvement in these activities and what would you differently as you reflect on your involvement in these activities:** |
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| **Why do you deserve this award?** |
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**EXTERNAL**

**VERIFICATION**

**SECTION**

**REFEREES**

|  |  |
| --- | --- |
| **Referee No. 1** | **Referee No. 2** |
| **Name:** | **Name:** |
| **Position:** | **Position:** |
| **Organisation:** | **Organisation:** |
| **Tel:** | **Tel:** |
| **E-mail:** | **E-mail:** |