



PhD Scholarship in Maynooth University, Department of Psychology.

Project title: More Thankful, Less Stressed? Gratitude and Physiological reactions to Stress

Aim: To date, no research has examined how being thankful may serve a protective role in how stress is perceived and affects physiology. This research aims to explore how gratitude effects psychophysiological reactivity to stress and health outcomes, and identify the factors that moderate this effect.

Supervisor: Dr Brenda H. O'Connell

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If you have an interest in pursuing research in the field of Positive Psychology and/or Health Psychology this project is for you. Whilst a key aspiration of the 4 year PhD programme in Maynooth University is advancement of knowledge through research, it is also underpinned by structured training in generic and transferable skills. The project commences work in September/October 2019.

The Department of Psychology at Maynooth University is a highly research active department, with a vibrant cohort of academic staff, research staff and research students. Details of the department, its research and its staff can be found here: <https://www.maynoothuniversity.ie/psychology>.

Eligibility: Graduates in Psychology or related areas (first class honours or upper second class honours degree).

Stipend: 16k for three years and 10k in year four, with the university covering fees. Funded by the BIAL Foundation in addition to Maynooth University.

Application Procedure: e-mail cover letter (containing expression of interest and personal statement), academic CV with contact details for 2 referees and final academic transcripts to Brenda.h.oconnell@mu.ie.

Deadline: September 9th, midnight.