

Thursday 2nd March 4pm – Maynooth University Psychology Department

Prof. Andrew Coogan (Department of Psychology, Maynooth University)

Man Versus the Clock: The Science of Shiftwork



Andrew Coogan is Head of Department in Psychology. His research group examines the links between circadian rhythms, sleep, and health and wellbeing. Andrew studied at Trinity college Dublin as an undergraduate and did his doctoral work in University College Dublin. Following his PhD he was a postgraduate researcher at the University of Manchester and then a faculty member at the University of Swansea. He returned to Ireland and Maynooth in 2008.

<https://www.maynoothuniversity.ie/psychology/our-people/andrew-coogan#1>

https://www.researchgate.net/profile/Andrew_Coogan