

CO2 monitoring Report

Week 27 September - 1 October

Background

The approach to ventilation is aligned with the HSE/HSPC “Guidance on non-healthcare building ventilation during COVID-19”, version 23 July 2021. The document concludes that:

There is evidence that COVID-19 outbreaks are more commonly associated with crowded indoor spaces, and that poor ventilation may increase the risk of transmission in such settings by facilitating the spread of droplets over longer distances. The SARS-CoV-2 virus shows similar viability to SARS-CoV-1 (the airborne coronavirus that caused the 2003 SARS epidemic) in aerosol form in experimental laboratory conditions. While it is possible that experimental viability may be maintained in real-world situations, there is currently no conclusive evidence that this is the case. Given that there are still unknowns around SARS-CoV-2, it is worth applying the precautionary principle until further conclusive evidence is available regarding airborne transmission.

The document recommends that mechanical systems be set to REHVA standards, and that in school settings the following measures should apply:

- *Ensure that windows and air vents can be accessed and opened when needed, weather and student comfort permitting.*
- *In classrooms that rely on natural ventilation, consider opening the windows 15 minutes before the classroom is occupied to ventilate the room. Similarly, leave windows open for 15 minutes after the classroom is emptied to ventilate the room.*
- *Consider installing an indoor air quality (IAQ) meter in each classroom that relies on natural ventilation. IAQ meters monitor the level of CO2 in an area, alerting the user to when the level rises above a set parameter, indicating that there is poor ventilation..... The Federation of European Heating, Ventilation and Air Conditioning Associations (REHVA) recommend setting the lower limit to 800ppm of CO2. When this limit is reached, the necessary steps need to be taken to increase classroom ventilation (e.g. opening a window).*
 - *Provide teachers with instructions on how to manage classroom ventilation:*

- *Open windows and air vents as much as possible during school time to facilitate ventilation, weather and student comfort permitting. Opening windows just below the ceiling will reduce the risk of cross-draughts.*
- *Ensure regular airing with windows during break time by opening windows fully*
- *Make sure the ventilation system openings are not blocked by furniture or curtains*
- *Observe IAQ CO2 monitor levels during the school day and respond appropriately when the threshold is reached (800ppm CO2 recommended as threshold)*

Maynooth University Ventilation

At MU we have introduced the following ventilation measures.

Mechanical ventilation:

- All systems services and checked.
- Air mix adjusted to 100% fresh air.
- Duration of on-time extended (to have the rooms ventilated in advance of first use).
- Energy conservation systems disabled
- Systems checked and verified by independent engineers.

Natural ventilation.

- Each room assessed to determine maximum capacity as determined by ventilation.
- Indicators (green dots) on windows to indicate windows which should remain open all day.
- Indicators (green dots) on doors in some cases, to indicate doors which should remain open.
- Campus services staff opening windows and doors each morning.

CO₂ monitoring

In accordance with the guidance for schools, we are using CO₂ as a proxy indicator. CO₂ is not a risk *per se* (except at very high levels), but is an indication that the flow of air is falling below the desirable standard. Our CO₂ monitors have been set to 2 threshold levels:

- The lower threshold is 800 parts per million (ppm). This is considered the “orange” level, which is a reminder to check the windows.
- The higher threshold is 1,000ppm. This is the “red” level, at which some action must be taken.

CO₂ levels for week 2 - 27 September to 1 October.

During this week there were 74 monitors in operation. The system reports the peak levels during every 15 minute block of time, and as there are 9 hours timetabled (Monday-Thursday), the 74 monitors tracked levels for 660 teaching hours per day, or 2,664 time blocks.

The interventions made this week were:

- Additional green dots AX1
- Education seminar room windows held open
- School of education sliding doors opening increased

Levels remained below the 1,000 ppm threshold for 99% of the relevant blocks of time. Levels remained below the 800 ppm threshold for 89% of the relevant blocks of time. When campus services investigated the higher levels, in most cases the windows with green dots had been closed. This is likely to become a more frequent issue as the weather gets colder.

It was also noted that there were occasions when there were peaks in CO₂ level, and when campus services staff investigated, the rooms were empty. It seems likely that the cause was people breathing into the CO₂ monitors – a practice that has been reported in a number of schools recently.

Table A: CO₂ peak readings in excess of the thresholds during the week of 27 September.

Day	Monday	Tuesday	Wednesday	Thursday	Friday	Week
Monitors in use	74	74	74	74	74	74
Teaching hours	9	9	9	9	8	44
No of 15 minute time blocks measured	2,664	2,664	2,664	2,664	2,368	13,024
No of time blocks in which peak exceeded 800ppm	262	447	324	343	47	1,423
No of time blocks in which peak exceeded 1,000ppm	19	28	23	21	4	95
% of time blocks exceeded 800 ppm	9.8	16.7	12.1	12.8	2.0	10.92%
% of time blocks exceeded 1000 ppm	0.71	1.05	0.86	0.78	0.16	0.92%

This table shows the data from the 74 new CO₂ monitors. CO₂ monitors in the main mechanically ventilated spaces is monitored through different systems, and levels in excess of the threshold are very rare.