

The temporary university fellowship as a stepping-stone in career development

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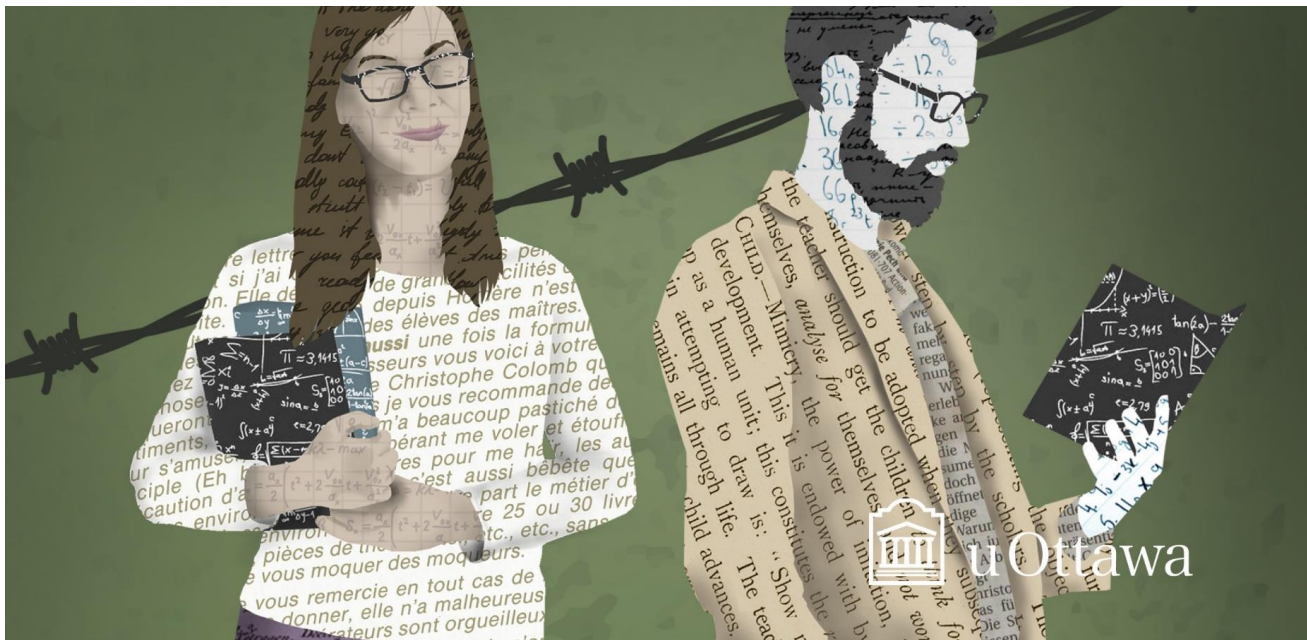
This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No. 857742

Temporary university fellowships for researchers at risk

- Temporary position
- Funding from external fellowship and/or university basic funding
- Initiated by researcher's need, not a specific task
- Host unit at the university
- May or may not be included in a project or research group
- May have a mentor or academic contact person at the host unit



Researchers at risk have the same needs as other researchers + some extra challenges



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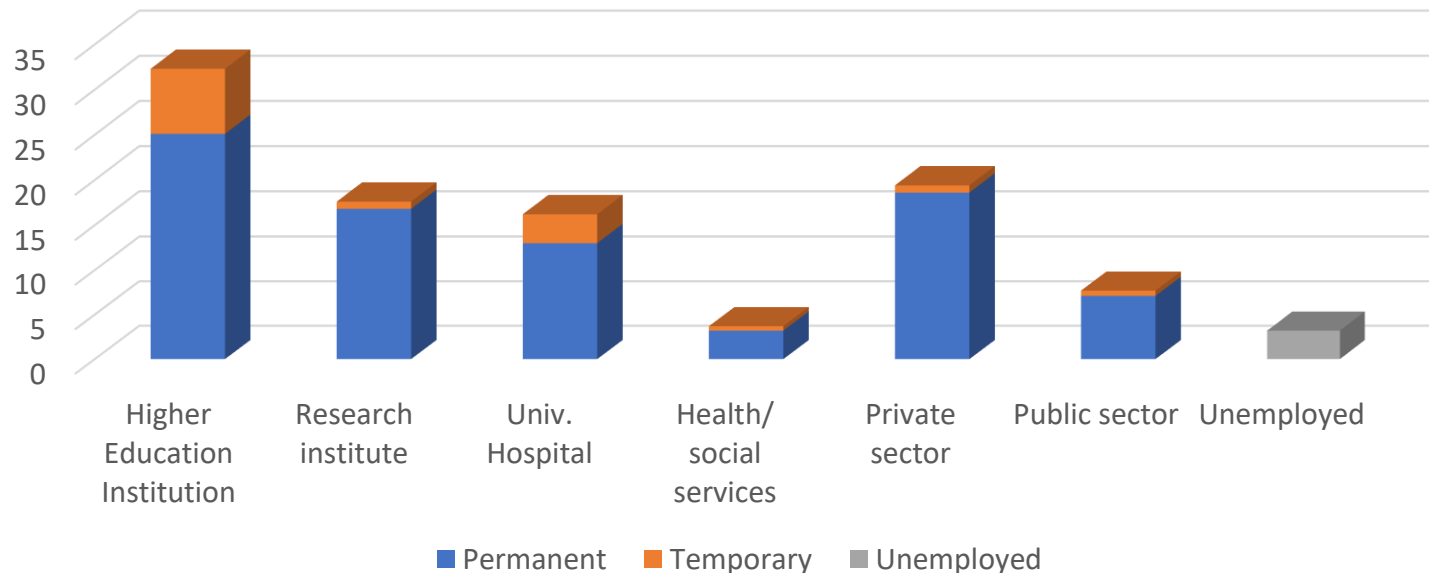
What support is needed?

- **A safe environment**
 - Away from the risk situation
 - As much stability as possible, residence status
 - Family in a safe and supportive situation
 - Psycho-social support
- **Support for professional development**
 - Academic development in the subject area
 - Generic academic skills e.g. networking, academic writing and publishing, attract funding, teaching, entrepreneurship
 - Cultural skills e.g. language, work culture



Career prospects for PhDs

Example: Norwegian PhD candidates 6 years after graduation
(2019)



NIFU rapport 2020:19 <https://nifu.brage.unit.no/nifu-xmlui/handle/11250/2678938>



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Example of a post doc programme

Having undergone the Postdoctoral Programme at the Medical Faculty of UiO the participants should

- have knowledge of research management
- be able to form their own career and self-development
- be able to write competitive applications for research funding
- work in an interdisciplinary team
- know the principles of interdisciplinarity and convergence
- be able to supervise on higher level
- have knowledge of innovation
- have a solid knowledge of national/ European research policy
- have the ability to communicate their research to different audiences



Where to find/give support?

- **Institutional/administrative contact persons**
 - Safe environment, administrative systems, cultural and generic skills
- **Academic mentor at the host unit**
 - Develop research project, academic integration, relevant research groups, where to publish in that subject, networking, conferences
- **Existing career development courses**
 - Courses and programmes for early career researchers at the institution
 - National and international courses and programmes

Make the R@R initiative known and use existing resources!



The analogy of the gym

The host institution gives facilities, tools, directions and support,

but it is up to the researcher to set goals and work on his/her academic muscles.



Photo: OSTILL, Getty Images/iStockphoto

